

ALDEN LAKE LAND

SHORT-TERM REHABILITATION AND HEALTH CARE



High-Quality Kidney Care with Alden Lakeland Rehabilitation and Health Care

The Challenge

More than 50,000 dialysis patients (1 in 10) are residents of Skilled Nursing Facilities (SNFs). Typically, these patients are transported off-site to dialysis centers three times a week. Not only does this have a negative impact on patients' quality of life, but it could also lead to missed treatments, scheduling conflicts, adverse medical events, and other challenges that could lead to rehospitalization.

The Solution

DaVita partnered with Alden to provide dialysis services on-site, supported by local medical directors and experienced clinical staff. This collaboration helps eliminate the challenges that transportation to treatment facilities creates and prioritizes patient care and experience.

About Our Post-Acute Services Model

DaVita provides licensed nurses and patient care technicians (PCTs) to deliver hemodialysis to patients at Alden Lakeland three times per week using traditional dialysis machines with portable water systems. This process is similar to how many patients are accustomed to receiving treatment in center, which may ease their transition into the SNF. This hemodialysis treatment offers patients care through a dedicated team supported by DaVita's infrastructure.

Care is delivered in a common room or treatment "den"—which is supplied by Alden Lakeland according to specifications provided by DaVita—of approximately six stations. DaVita provides all dialysis services and some related resources, including:

- Highly trained clinical staff, including RNs, PCTs, dietitians and social workers
- Medical director oversight by a local, experienced nephrologist
- A dedicated operational team
- A local team to support discharge planning

Why Choose On-Site Dialysis with DaVita

- Experienced provider that offers dialysis in compliance with all regulations
- Potential for more efficient discharge process with local support
- Potential for improved patient experience and safety outcomes, including reduced readmissions
- Industry leader in quality
- Care provided in collaboration with local physicians with local medical director oversight



Post-Acute Services

Care is provided according to orders given by and in collaboration with the patient's nephrologist, who can access the patient's treatment and lab data within DaVita's established electronic health record platform.

What Does This Mean for Hospital Discharge Planners?

DaVita Post-Acute Services can help discharge planners in a variety of ways, including:

- Ability to more quickly coordinate discharge of dialysis patients and potentially reduce lengths of stay and readmission through a coordinated admissions process
- Patient discharge directly back into the SNF rather than providing acute dialysis before discharge if the SNF patient requires it
- Help for patients to receive the care they need to help improve quality of life through DaVita's collaborations with Alden and local nephrologists
- Potential reduction in cost of care from transportation savings, comorbid management and care plan coordination

1. US Renal Data System. USRDS 2016 Annual Data Report: Atlas of Chronic Kidney Disease and End-Stage Renal Disease in the United States.

2. As of June 11, 2019.

DaVita has provided information on our total patients treated only to better inform you of DaVita's experience in dialysis. Patients always have the choice from which provider they receive dialysis.

DaVita at a Glance

- National leader in dialysis care recognized by nephrologists, hospital and health systems, and payors
- 20+ years' experience providing high-quality dialysis care
- Network of over 7,600 affiliated nephrologists
- Care for more than 225,000 dialysis patients, including over 25,000 SNF residents
- Largest provider of home dialysis services in the U.S.
- More than 2,900 outpatient dialysis centers and 900 hospital partners



Post-Acute Services

**TO LEARN MORE,
call 773-769-2570 or visit www.AldenLakeland.com.**

ALDEN LAKELAND

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